

CONTACT: Spirit Health Group 561-544-0755

**TEXAS Future Healthcare Leader Honored Nationally  
for Her Dedication and Achievement**

DATE (Boca Raton, FL and Centennial, CO)- The Spirit of Women Health Network and The Snowmass Institute have announced today that Texas' Dr. Beth Anglin, has been selected as the 2009 winner of the national "Next Generation of Health Leaders" award. The "Next Generation of Health Leaders" is designed to nationally recognize professionals under the age of 45 with outstanding dedication and professional achievement in women's health. Dr. Anglin will be presented with the award during the 25<sup>th</sup> Annual Achieving Success in Women's Health Conference in Fort Worth, Texas on May 4, 2009 in Fort Worth, Texas, and will have the opportunity to attend the Spirit of Women Annual Executive Meeting, July 9-11, in Washington, D.C.

"Our goal is to impact the future of women's health by honoring successful young advocates and sharing their example," said Tanya Abreu, President and National Program Director, Spirit of Women Health Network. "

Dr. Anglin is a well respected surgeon, voted Chief of Surgery at Medical Center of Plano for 2009 by her fellow surgeons. As a breast surgeon, she has become a champion for the cause of educating women about the importance of good breast health. She launched a Breast Cancer Awareness Luncheon over ten years ago in an effort to bring awareness, to educate and to motivate women of all ages to understand the importance of breast health. She devotes her time to various community organizations such as Medical Center of Plano, Gilda Club, American Cancer Society, and Young Survival Coalition: Young Women Against Breast Cancer, FORCE (Facing Our Risk of Cancer Empowered), local BRIDGE program. She also provides support by speaking and donating her time and services by performing breast cancer surgery for those without insurance or financial means.

Dr. Anglin has impacted policy to increase wellness as well. Every woman who comes in for a mammogram completes an initial risk assessment. Women with positive assessments are counseled on the benefits of having BRCA gene testing done. This process would not have been possible without Dr. Anglin's perseverance and determination to get the BRCA genetic test available at Medical Center of Plano's Women's Link Diagnostic Center. Dr. Anglin's personal mission is to make women aware of the BRCA gene testing so that they can better understand their risk of breast cancer.

### **About Snowmass Institute**

The Snowmass Institute is a division of The Ireland Corporation and was established in 1975. The Snowmass Institute offers educational services, namely, providing educational conferences, workshops and seminars in the field of professional development for healthcare personnel.

### **About Spirit of Women**

The Spirit of Women Health Network is a national coalition of hospitals and healthcare facilities in more than 80 U.S. cities joined together to improve women's health by inspiring access and action on local, regional and national levels. Utilizing national resources to improve healthcare in local communities, Spirit of Women aims to educate and care for women in a unique way that emphasizes total well-being — body, mind, and spirit – and impacts all aspects of a woman's life, including family, health and work. Though a variety of means, including educational events, networking opportunities, consumer loyalty programs, national awards, and promotion of research, Spirit of Women addresses health topics such as menopause, cancer, incontinence, diabetes, cardiovascular disease, healthy pregnancy, and many more. Visit [spiritofwomen.com](http://spiritofwomen.com)